

Exhibit K

GEORGIA DEPARTMENT OF CORRECTIONS

MENTAL HEALTH PROGRESS NOTE

Facility: Baldwin State Prison

Name: ASHLEY DIAMOND

ID#: 1000290565

Date: 1/6/15

Race: B Sex: Male

- I. Data: Purpose: ☒ Individual Counseling/Therapy ☐ Crisis ☐ Other: _____
Location: ☐ Private Office ☐ Cell Front ☐ Other: _____
☒ On site ☐ Tele-MH

Chief Complaint: FEAR OF STAFF

Target Symptom(s) from Treatment Plan addressed in this contact: SYMPTOMS RELATED TO PTSD AND GENDER DYSPHORIA

Attitude: Cooperative Hygiene: Adequate Orientation: Times four Suicide Risk: Denied

Judgment: Fair Mood: LABILE Affect: Appropriate Hom. Ideation: Denied

Thought Processes and Content: I/M is alert, linear and coherent.

Description of session (include discussion of abnormal findings):

THE INMATE WAS SEEN IN MY OFFICE. SHE CONTINUES TO FEEL AT RISK WITH THE CLOSE SECURITY INMATES IN HER DORM. WE DISCUSSED THE HOSTILE ENVIRONMENT AT BSP. SHE HAS NOT SELF HARMED IN THE LAST WEEK EVEN THOUGH IT IS A CONSTANT CONSCIOUS OPTION FOR HER. SHE CONTINUES TO REQUIRE HORMONE THERAPY AND GENDER ROLE CHANGE IF SHE IS TO RECEIVE ADEQUATE CARE. WITHHOLDING THIS THERAPY FROM HER INCREASES HER RISK OF SELF HARM. SHE WAS GIVEN A CALL TO HER MOTHER.

Clinical Interventions (during this session): ASSESSED MENTAL STATUS, CBT

- II. Assessment: Problem/Target Symptoms are: ☒ Worse ☐ Unchanged ☐ Improved ☐ Eliminated

Diagnosis: GENDER DYSPHORIA, PTSD Unchanged/Changed as of: _____ (date)
(circle)

Comments: ON EDGE WITH LABILE MOOD

- III. Clinical Plan for subsequent sessions: FOCUS ON THE DESIRE TO SELF HARM

Next Appointment: WEEKLY
(date)

Stephen L. Sloan PH. D.
Signature/Title

Page 1 of 1 ☐ Attachment

STEPHEN L. SLOAN, PH. D.
Printed/Typed Name